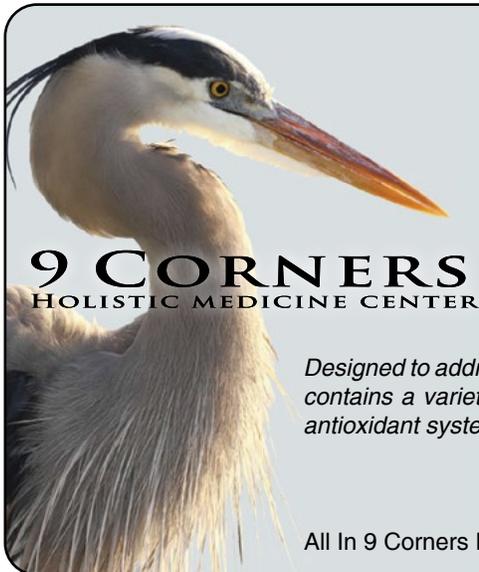


BRAIN POWER DELICIOUS SHAKE MIX



Clinical Applications

- Supports Brain Health and Healthy Recall Ability*
- Provides Nutrients That Support Antioxidant Mechanisms*
- Supplies Protein and Amino Acids for Neurotransmitter Production*

15
Gluten Free
Servings

*Designed to address brain health, structure, and function, **Brain Power Delicious Shake Mix** contains a variety of nutrients and cofactors that support mitochondrial energy production, antioxidant systems, neurotransmitter production, and cell membrane integrity.**

All In 9 Corners Formulas Meet or Exceed cGMP Quality Standards

Discussion

N-Acetyl-Cysteine (NAC) As a source of the conditionally essential amino acid cysteine, NAC is a precursor to glutathione—a tripeptide active in detoxification and antioxidant systems. Research suggests that NAC hinders the formation of free radicals that can contribute to oxidative stress in the brain.*^[1]

Phosphatidylserine A phospholipid that is highly concentrated in the brain, phosphatidylserine (PS) plays a key role in neuronal energy production and communication. We must synthesize the PS we need for brain health as very little is found in food. Also, supplementation can help maintain normal levels in the brain and support those functions dependent on this vital phospholipid.^[2-4] For some individuals, changes in brain function may be related to “age-related decline in nutrition,”^[5] and early nutrition intervention may be warranted. Brain Power Delicious Shake Mix contains safe-source PS from non-GMO soy and contains no animal products.*

Acetyl-L-Carnitine (ALCAR) The ALCAR form of the amino acid L-carnitine is found to have multifaceted roles in supporting nerve health.^[6] It is able to cross the blood-brain barrier where it stabilizes cell membranes, provides antioxidant support, and helps maintain brain cell health.^[7-9] In addition, ALCAR supports neuronal energy production, facilitates transport of fuel and waste products into and out of mitochondria, and supports production of acetylcholine, a neurotransmitter essential to the processes of learning and concentration.*^[8,10]

Alpha-Lipoic Acid Having both fat- and water-soluble properties, alpha-lipoic acid provides intracellular and extracellular protection against oxidative stress. With its low molecular weight, alpha-lipoic acid is easily absorbed in the gastrointestinal tract. It then enters circulation, crosses the blood-brain barrier, and reaches the brain where it can support antioxidant activity and regenerate glutathione, vitamin E, and vitamin C.*^[11,12]

Coenzyme Q10 (CoQ10) CoQ10 plays a pivotal role in energy generation because it transports electrons in the mitochondrial electron transport chain. CoQ10 also donates electrons, helping to protect the brain from oxidative stress and further supporting neuronal cell health.*^[13]

Broccoli Seed Extract The patented form of the phytochemical in broccoli called glucoraphanin (SGS™) is a key ingredient in Brain Power Delicious Shake Mix. Extensive research suggests that when glucoraphanin is enzymatically converted to sulforaphane (its active form), it safely and effectively supports the Nrf2 system, antioxidant systems, and vital phase II detoxification enzymes.^[14,15] This process provides protection from common toxins and xenobiotics.*

DHA (docosahexaenoic acid) A conditionally essential fatty acid, DHA is the main polyunsaturated fatty acid in the brain. DHA supports the structure and function of brain cell membranes, and hence plays a fundamental role in neuronal communication.^[16] Studies suggest that DHA is found to support the biosynthesis and accumulation of PS in neuronal and glial cells as well.*^[17]

Vegan Protein Blend In 9 Corners’s proprietary pea/rice protein blend Vegan Protein Blend is coupled with Aminogen® to facilitate protein digestion and absorption, and is lactose free. Amino acids from protein metabolism provide the precursors needed for neurotransmitter production.*

Micronutrients Brain Power Delicious Shake Mix adult formula contains additional micronutrients for neurosupport, including magnesium, calcium, phosphorus, vitamin D3, vitamin E (as mixed tocopherols), and activated B vitamins riboflavin 5'-phosphate (B2), pyridoxal 5'-phosphate (B6), methylcobalamin (B12), and 5-methyltetrahydrofolate (folate). 5-MTHF (5-methyltetrahydrofolate) supports healthy folate nutrition, especially in those with genetic variations in folate metabolism. In Brain Power Delicious Shake Mix, 5-MTHF is provided as Quatrefolic® for enhanced stability, solubility, and bioavailability.^[19] In addition, two scoops of Brain Power Delicious Shake Mix adult formula provide the same amount of NAC, PS, ALCAR, alpha-lipoic acid, CoQ10, and glucoraphanin as eight capsules of Neuro Advance Brain Power Delicious Shake Mix.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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BRAIN POWER DELICIOUS SHAKE MIX

Brain Power Delicious Shake Mix Vanilla

Supplement Facts

Serving Size 2 Scoops (47 g)
Servings Per Container 15

Amount Per Serving	% Daily Value*		% Daily Value*		
Calories 180					
Calories from Fat 50					
Total Fat 5 g	8%				
Saturated Fat 1.5 g	8%				
Total Carbohydrate 17 g	6%				
Dietary Fiber 6 g	24%				
Sugars 6 g					
Protein 19 g					
Vitamin C (as calcium ascorbate)	400 mg	667%	Sodium (naturally occurring)	370 mg	15%
Vitamin D3 (cholecalciferol)	1000 IU	250%	Potassium (naturally occurring)	170 mg	5%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	200 IU	667%	Acetyl-L-Carnitine (as acetyl-L-carnitine HCl)	800 mg	**
Riboflavin (as riboflavin 5'-phosphate)	25 mg	1471%	N-Acetyl-L-Cysteine	300 mg	**
Niacin (as niacinamide)	200 mg	1000%	Phosphatidylserine (Sharp®)	200 mg	**
Vitamin B6 (as pyridoxal 5'-phosphate sodium)	50 mg	2500%	Alpha-Lipoic Acid	200 mg	**
Folate (400 mcg as folic acid, 800 mcg as calcium folinate and mixed tocopherols)	800 mcg	2000%	Coenzyme Q10 (as ubiquinone)	200 mg	**
Vitamin B12 (as methylcobalamin)	1000 mcg	16,667%	DHA	50 mg	**
Calcium (as calcium ascorbate and ingredients with naturally occurring calcium)	85 mg	9%	Docosahexaenoic acid from algal oil (difeeds®)	50 mg	**
Iron (naturally occurring)	5 mg	28%	Benfotamine	50 mg	**
Phosphorus (as potassium phosphate)	50 mg	5%	Glucosamine (from broccoli extract)	30 mg	**
Magnesium (as Albion® Dimagnesium Malate)	50 mg	13%	Bacillus oleracea (italica) seed (SGS)		

Other Ingredients: Vegan Protein Blend (9 Corners® proprietary blend of pea protein concentrate, pea protein isolate, taurine, glycine, rice protein concentrate, and L-glutamine), organic dried cane syrup, inulin (from chicory), sunflower oil, natural flavors (no MSG), medium-chain triglycerides oil, cellulose gum, xanthan gum, Aminogen®, guar gum, stevia leaf extract, and silica.



† Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US patent 7,947,662.

Albion® is a registered trademark of Albion Laboratories Inc. Patents pending and contents pending.

Sharp® is a registered trademark of Sharp Corporation.



Life's DHA® is a trademark of DSM.



Produced under US patent 5,725,895 and 5,968,505 and 5,968,567 and 6,177,122 and 6,242,018 licensed from Brassica Protection Products LLC. SGS is a trademark of Brassica Protection Products LLC.



AMINOGEN® is a registered trademark of Ariarco Industries. AMINOGEN® is protected under US patent 5,387,422.

Directions

Blend, shake, or briskly stir two scoops (47 g) into 8-12 oz chilled water and consume once or twice daily (two servings maximum per day), or as directed by your healthcare practitioner. Adjust amount of water to desired sweetness and thickness.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged.

Does Not Contain

Wheat, gluten, yeast, soy protein, dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, or artificial sweeteners.

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